









Dear colleagues, Dear friends,

We are delighted to be welcoming you for the 12th National Congress of IBD and the 3rd Franco-Romanian Course.

Due to the special times we are living, our annual meeting is for the first time, a virtual event and technology has helped us remain as close and connected as before.

We are honored for the participation of a really fantastic international faculty and our French friends are with us once again, keeping the good tradition we have developed over time.

We hope that you will actively participate at the meeting and that you will enjoy the sessions, courses and educational meetings.

We are looking forward to meeting you in the "traditional way" next year.

We wish for you and your close relatives and friends good health and success to the participants,

Prof Daniela Dobru,
President of the Romanian Crohn and Colitis Club

Prof Cristina Cijevschi
Past President of the Romanian Crohn and Colitis Club

Prof Mircea Diculescu
President of the organizing committee

Title RCCC Annual Meeting,

Date: 24th-26th September 2020

International Faculty

Matthieu Allez, Paris, France Gilles Boschetti, Lyon, France Franck Carbonnel, Paris, France Silvio Danese, Milan, Italy Remo Panaccione, Calgary, Canada Laurent Peyrin-Biroulet, Nancy, France Carmen Ștefănescu, Paris, France Severine Vermeire, Leuven, Belgium

National Faculty

Carmen Anton, Iași Simona Băţagă, Târgu- Mureş Ciprian Brisc. Oradea Andreea Chifulescu, București Cristina Cijevschi, Iași Irina Ciortescu, Iasi Tudorel Ciurea, Craiova Camelia Cojocariu, Iași Gabriel Constantinescu, București Roxana Costache, București Cristina Cotruță, București Mircea Diculescu, București Anca Dimitriu, București Daniela Dobru, Târqu Mures Mihaela Dranga, laşi Traian Dumitrascu, Bucuresti Eugen Dumitru, Constanța Otilia Gavrilescu, Iași Teodora Georgescu, Bucuresti Georgiana-Emmanuela Gîlcă-Blanariu, Iași Dan Gheonea, Craiova Liana Gheorghe, București Cristian Gheorghe, Bucuresti Andreea Ghidersa, Bucuresti Adrian Goldiş, Timişoara Isabella Grosu, ASPIIR, Bucuresti Laura Huiban, Iași Răzvan Iacob, Bucrești

Mirela Ionescu, Bucuresti

Ruxandra Ionescu, București Daniela Lazăr, Timisoara Bogdan Mateescu, București Mircea Mănuc, București Cătălina Mihai. Iasi Corina Meianu, București Iulian Moșteanu, București Lucian Negreanu, București Corina Pop, București Carmen Preda, București Ion Rogoveanu, Craiova Adrian Săftoiu. Craiova Andrada Seicean, Cluj- Napoca Radu Seicean, Cluj- Napoca Cătălin Sfarti, Iași Ana Maria Sîngeap, Iasi Oana Stanciulea. Bucuresti Tudor Stroie, București Andreea Suceveanu, Cluj- Napoca Daniela Ștefănescu, Craiova Alina Tantău, Cluj- Napoca Marcel Tanțău, Cluj- Napoca Elena Toader, lasi Cristina Tocia, Constanta Anca Trifan, lasi Cristian Tieranu, Bucuresti Roxana Vădan, București Roxana Zaharie, Cluj- Napoca

Directory Board of the Romanian Crohn's and Colitis Club

PresidentDaniela Dobru

President Elect *Lucian Negreanu*

Past President Cristina Cijevschi

Secretary *Maria Ciocîrlan* Directory Board

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Adrian Goldiș
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Bogdan Mateescu
Cătălina Mihai
Corina Pop
Carmen Preda
Alina Tantău

Organizing Committee

Mircea Diculescu Gabriel Constantinescu Liana Gheorghe Cristian Gheorghe Mariana Jinga Bogdan Mateescu Mircea Mănuc Lucian Negreanu Carmen Preda Corina Meianu Tudor Stroje

SCIENTIFIC PROGRAM

RCCC Annual Meeting, 24th–26th of SEPTEMBER 2020 The Third Franco– Romanian Meeting (virtual meeting)

Thursday, 24th September 2020

Opening ceremony Daniela Dobru, Mircea Diculescu

Franco- Romanian Meeting

08.45 - 09.00 Introduction Matthieu Allez, Mircea Diculescu

Session I

Chair Marcel Tantau + Dan Gheonea

09.00 - 09.45 - Clinical case I - Severe ulcerative colitis. Andreea Suceyeanu

09.45 – 10.30 – Clinical case II– Crohn's disease and infliximab rechallenge. Tudor Stroie, Oana Stanciulea, Iulian Mosteanu

10.30 – 11.00 – Conference. Which biologics for which patients? Towards a personalized treatment of IBD. *Franck Carbonnel*

11.00 – 11.15 – Educational session organized by RCCC with the support of Sandoz– "The promise of biosimilars in IBD"

Speaker: Eugen Dumitru

11.15 - 11.30 Technical break

Session II

Chair Adrian Goldis + Matthieu Allez

11.30 - 12.15 - Clinical case III - Crohn's Disease. Daniela Lazăr

12.15 – 13.00 – Clinical case IV – Perianal disease onset in a case of ulcerative colitis with sustained deep remission. Corina Meianu. Oana Stanciulea, Iulian Mosteanu

13.00 – 14.00 – Educational session organized by RCCC with the support of Janssen – "A new dimension for patient care in Crohn disease"

Chair: Mircea Diculescu

Speakers: Adrian Goldis, Daniela Dobru, Laurent Peyrin-Biroulet

13.05 Introduction (Mircea Diculescu)

13.05 - 13.15 - IL12/23 role in physiopathology of disease Adrian Goldis

13.15 - 13.35 - What are the clinical data in CD treatment Daniela Dobru

13.35 – 13.55 – Real-world evidence and experience with ustekinumab in Crohn's disease Prof Laurent Peyrin-Biroulet

13.55-14.00 - Q&A

14.00 - 14.30 Break

Session III

Chair Catalina Mihai + Gilles Boschetti

- 14.30 15.00 Educational session organized by RCCC with the support of AlfaSigma -" Rifaximin-α: the Joker's power!"

 Speaker: Bogdan Mateescu
- 15.00 15.35 Clinical case V. Postoperative recurrence in Crohn's Disease. *Mihaela Dranga*
- 15.35 16.10 Clinical case VI. An unusual facial ulceration in an UC patient– infection or extraintestinal manifestation?–

 Andreea Ghidersa

16.10-16.20 Technical Break

Session IV

Chair Carmen Stefanescu + Franck Carbonnel

- 16.20 17.00 Clinical case VII- Dilemmas and decisions in a case with misleading onset colitis. *Ana- Maria Singeap*
- 17.00 17.40 –Clinical case VIII. Upper Gl involvement of Crohn's disease.

 Anca Dimitriu, Simona Ichim, Cristian Gheorghe
- 17.40 18.30 Educational session organized by RCCC with the support of Pfizer. "Advanced treatment options for UC: Focus on JAK inhibitors"

Chair: Mircea Diculescu

17:40 - 17: 45 - Opening and Introduction. Mircea Diculescu

17:45 - 18:05 - What Is the Evidence for Tofacitinib in UC? Mathieu Allez

18:05 - 18:25 - A Practical Guide to Using Tofacitinib in the Clinic. Severine Vermeire

18:25 - 18:30 - Q&A. all

18.30 – 18.45 – Conclusions of the meeting.

Mircea Diculescu, Matthieu Allez

18.45 - 20.15 - Leading Change in IBD

Friday, 25th September 2020

08.30 - 10.00 - Session I.

Management of IBD patients during the SARS – CoV2 pandemic. The Romanian experience

Chairs: Cristian Gheorghe, Bogdan Mateescu, Ciprian Brisc

- 08.30 08.40 Introductory remarks : Guidelines framework for the management of IBD patients during SARS–CoV2 pandemic. *Cristian Gheorghe*
- 08.40 08.55 Management of IBD patients in a non–CoVID Excellence Center for IBD: Fundeni

 Clinical Institute Registry. Roxana Costache, Razvan Jacob, Cristian Gheorghe
- 08.55 09.10 Management of IBD patients in a non–Covid regional center for IBD: Oradea Clinical Hospital. Ciprian Brisc et all
- 09.10 09.25 The price we paid: a multicentric questionnaire survey on IBD management during the SARS-CoV2 pandemic. *Teodora Georgescu*, *Bogdan Mateescu*
- 09.25 09.40 In the eye of the storm: the results of a nationwide questionnaire of IBD patients' perception of the pandemic. *Isabella Grosu/ASPIIR*
- 09.40 09.55 Ethical considerations for IBD patients during the COVID-19 pandemic. Elena Toader
- 09.55 10.00 Take home messages. Bogdan Mateescu

10.00 - 11.30 Session II.

Romanian Registry of IBD - where are we now?

Chairs: Mircea Diculescu, Daniela Dobru, Cristina Cijevschi

- 1. The demands of a National Registry Lucian Negreanu
- 2. The Moldavian experience vith IBDPROSPECT Cristina Cijevschi, Cătălina Mihai
- 3. A useful tool in monitoring IBD Eugen Dumitru
- 4. Western romanian and hungarian experience Adrian Goldis
- 5. Panel Discussions

11.30 - 11.40 Technical Break

11.40 – 12.00 – State of the Art Lecture. Colonic lesions in IBD: when and how to resect endoscopicaly? *Marcel Tantau*

12.00 – 13.00 – Educational session organized by RCCC with the support of Abbvie. Steroid free remission – an easy target?

Chair: Mircea Diculescu

Speakers: Liana Gheorghe, Bogdan Mateescu, Lucian Negreanu

12:00 - 12:15 - Steroids: The key to unlocking quality care in IBD? Liana Gheorghe

12:15 – 12:30 – What is happening outside of your care? Bogdan Mateescu

12:30 - 12:45 - The evolution of an endpoint Lucian Negreanu

12:45 - 13:00 - Q&A and Closing Remarks All faculty

13.00 - 14.15 Session III.

Endoscopy and ultrasound session

Chairs: Gabriel Constantinescu, Adrian Saftoiu, Eugen Dumitru

- 1. Conventional and virtual chromoendoscopy in IBD Alina Tantau
- **2. Endoscopic treatment of strictures in IBD.** *Gabriel Constantinescu, Vasile Sandru, Ioan Nedelcu*
- 3. Deep learning algorithm for the confirmation of mucosal healing in Crohn's disease, based on confocal laser endomicroscopy images.

Anca Loredana Udriștoiu, Daniela Ștefănescu, Gabriel Gruionu, Lucian Gheorghe Gruionu, Andreea Valentina Iacob, John Gásdal Karstensen, Peter Vilmann, Adrian Săftoiu

4. Abdominal ultrasound and the management of IBD: from scientific evidence to clinical practice. *Cristina Tocia, Andrei Dumitru*

14.15 - 14.40 - Break

14.40 - 16.10 Session IV.

Multidisciplinary session – management of extraintestinal manifestations in IBD patients

Chairs: Liana Gheorghe, Alina Tantau, Adrian Goldis

- 1. Extraintestinal manifestations (EIMs) in IBD short overview Liana Gheorghe
- 2. Musculo-skeletal EIMs in patients with IBD Ruxandra lonescu
- 3. EIMs of the skin in patients with IBD Cristina Cotruta
- 4. Hematological EIMs in patients with IBD -Alina Tantau
- 5. Hepatobiliary EIMs in patients with IBD Liana Gheorghe
- 6. Take home messages Adrian Goldis
- 7. Q & A

16.10 – 16.30 – State of the Art Lecture Management of complicated luminal CD before and after surgery. *Matthieu Allez*

16.30 - 18.00 Session V.

Real life challenges in complex IBD cases

Chairs: Mircea Mănuc, Andrada Seicean, Catalina Mihai

- 1. Introduction. Andrada Seicean
- 2. Short bowel syndrome and IBD. Irina Ciortescu
- 3. Necessity of stoma in young patients with IBD. Radu Seicean
- **4. Considering a pregnancy in IBD.** *Mircea Mănuc, Andreea Chifulescu, Teodora Mănuc*
- 5. Specialized educational and psychological counseling in IBD patients. Otilia Gavrilescu, Mihaela Dranga, Camelia Soponaru, Cătălina Mihai, Cristina Cijevschi Prelipcean
- 6. Discussions. Conclusions. Cătălina Mihai, Mircea Mănuc

18.00 – 19.00 – Educational session organized by RCCC with the support of Takeda – "Revisiting IBD treatment success"

Speakers: Remo Panaccione, Silvio Danese, Mircea Diculescu

18:00 - 18:10 - What's different and made for now? Mircea Diculescu

18:10 - 18:30 - When and who can benefit of vedolizumab? Silvio Danese

18:30 - 18:50 - How to manage difficult patients and why early biological treatment? - Remo Panaccione

18:50 - 19:00 - Q&A

Saturday, 26th September 2020

08.00 - 09.30 Session VI. Original research in IBD

Chairs: Roxana Vadan, Cora Pop, Simona Bataga

- 1.Understanding the Impact of Ulcerative Colitis and its Associated Disease Burden on Patients (ICONIC Study) Data of Study from Romanian Patients. D. Dobru, C. Cijevschi, E. Dumitru, B. Mateescu, A. Goldis, L. Negreanu, O. Fratila, C. Mihai, AM. Singeap, D. Pantilie
- 2.The COVID19 pandemic impact on Inflammatory Bowel Disease Patients Management in a Tertiary Gastroenterology Center. Roxana Costache, A. Saizu, R. Iacob, L. Gheorghe. M. Diculescu and C. Gheorghe
- 3.Correlations between sleep quality and clinico-biological parameters in patients with inflammatory bowel disease. Georgiana-Emmanuela Gîlcă-Blanariu, Gabriela Ștefănescu, Cristinel Ștefănescu, Anca Victorița Trifan, Manuela Ciocoiu 4.The prevalence of ulcerative colitis and Crohn's disease in
- North-Eastern Romania the impact of the COVID-19 pandemic. Laura Huiban, Carol Stanciu, Cristina Maria Muzîca, Tudor Cuciureanu, Oana Petrea, Sebastian Zenovia, Ana Maria Sîngeap, Irina Gîrleanu, Camelia Cojocariu, Anca Trifan
- 5.Clinical impact of small bowel capsule endoscopy in obscure gastrointestinal bleeding. Ana-Maria Singeap, Camelia Cojocariu, Irina Girleanu, Laura Huiban, Catalin Sfarti, Tudor Cuciureanu, Stefan Chiriac, Carol Stanciu, Anca Trifan
- 6.The Health-related Quality of Life of Patients with Inflammatory Bowel Disease in remission in a Romanian Tertiary Care Center. Stroie Tudor, Diculescu Rucsandra, Stănciulea Oana, Moșteanu Iulian, Diculescu Mircea
 7. Clinical remission in ulcerative colitic treatment and rice
- 7.Clinical remission in ulcerative colitis, treatment and risk in pregnancy? Case study and review. *Carmen Anton, E.Anton, Smaranda Diaconescu*
- 09.30 10.00 Educational session organized by RCCC with the support of Takeda: "Complex Perianal Fistula approach in the light of new therapies"

Speakers: Cristian Gheorghe, Oana Maria Stanciulea, Iulian Mosteanu 09:30 – 09:45 – Innovative stem cell therapy and who are the suitable patient for it? – Cristian Gheorghe 09:45 – 10:00 – Challenges of stem cell administration– Oana Stanciulea, Iulian Mosteanu

10.00 -11.15 - Session VII.

Malignancy in IBD patients - how to deal with?

Chairs: Carmen Preda, Anca Trifan, Mirela Ionescu

- 1. Introduction: Malignancies in inflammatory bowel diseases . *Anca Trifan*
- 2. Colorectal cancer prevention in long standing inflammatory bowel diseases. *Roxana Zaharie*
- 3. Endoscopic surveillance in long standing inflammatory bowel diseases. *Simona Bataga*
- 4. Difficulties in endoscopic surveillance in inflammatory bowel diseases. Catalin Sfarti, Stefan Chiriac, Gabriela Stefanescu
- **5.** Colorectal Cancer in inflammatory bowel diseases A retrospective cohort study. Andreea Chifulescu Teodora Manuc, Carmen Preda, Oana Balas, Mihaela Barbu
- 6. Extracolonic malignancies in patients with inflammatory bowel diseases A retrospective cohort study. Camelia Cojocariu, Ana Maria Singeap, Oana Petrea, Anca Trifan
- 7. Choice of biologics in IBD patients with treated malignancies: case report and literature review". *Cristian Tieranu, Tudor Arbanas. Mirela Ionescu*

11.15 - 11.30 Technical Break

11.30 – 11.45 – Educational session organized by RCCC with the support of Innergy– "The implications of the microbiome in gastrointestinal pathology"

Speakers: Liana Gheorghe, Mircea Diculescu

- 1. The role of microbiota in the management of Irritable Bowel Syndrome (Probicol, Bifido Plus) *Mircea Diculescu*2. The role of microbiota in the management of Inflammatory
- 2. The role of microbiota in the management of Inflammatory Bowel Diseases (Sinergin) *Liana Gheorghe*

11.45 – 12.00 – Educational session organized by RCCC with the support of Fresenius Kabi

Speaker: Dan Gheonea

12.00 – 13.00 – Session VIII. Current therapeutic strategies in 2020 Chairs: Razvan Iacob, Lucian Negreanu, Dan Gheonea

- 1. Treat to target strategy in IBD in 2020 Roxana Zaharie
- 2. Surgery in IBD current approach in 2020 Traian Dumitrascu
- 3. Stopping biologicals/immunomodulators in IBD? Razvan lacob
- 4. Discussions All

13.00 - 13.30 - Review of best articles- Liana Gheorghe, Roxana Vădan

13.30 - 14.00 - Conclusions.

14.00 –14.30 – RCCC General Assembly











Silver





Bronz











Media Parteners



RCCC Annual Meeting

24th - 26th of September 2020 Online Event

IIInd Franco- Romanian Meeting